

# Clinical Immunodermatology Immunodermatology Testing! Laboratory

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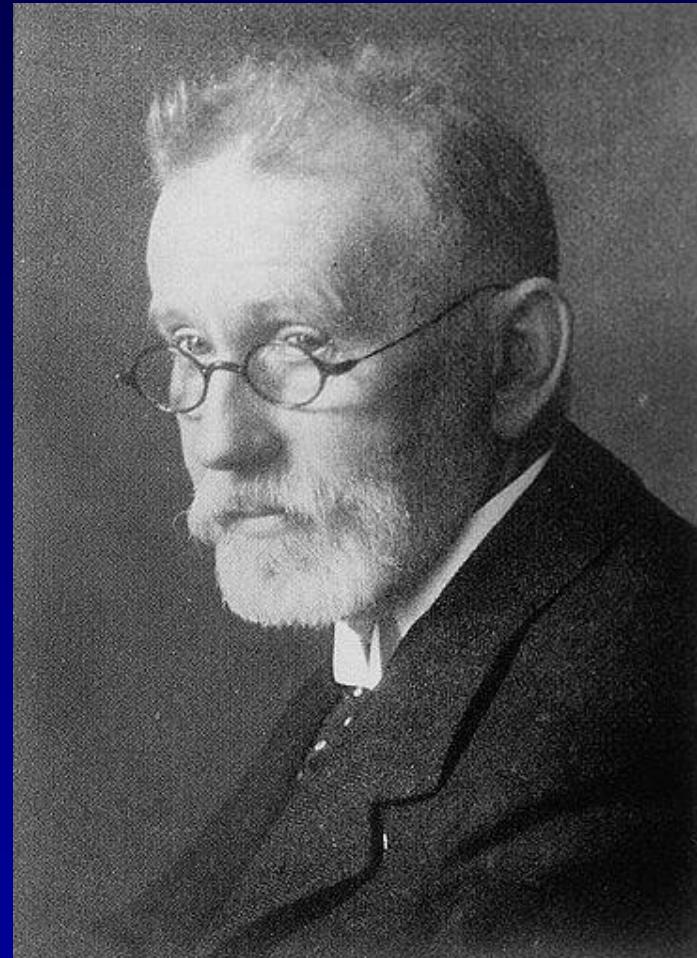
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Professor of Dermatology*

*Co-Director  
Immunodermatology Laboratory  
University of Utah*



# History

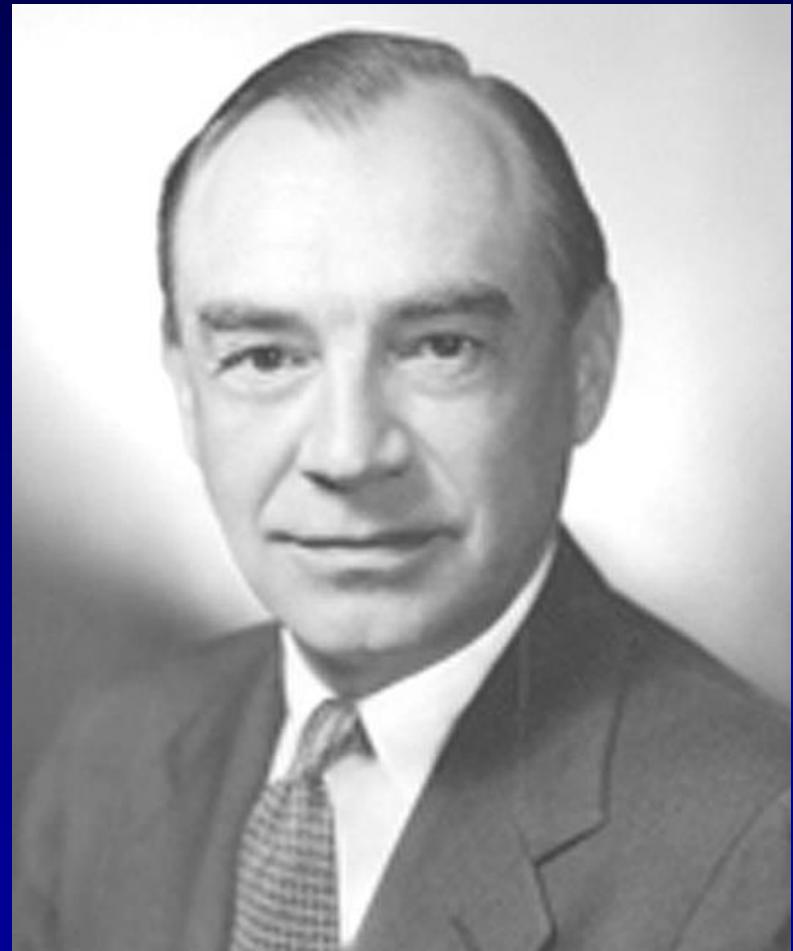
Late 1800s  
Paul Ehrlich put  
forth the concept  
of **autoimmunity**  
calling it  
**“horror  
autotoxicus”**



*Paul Ehrlich*

# History

Early 1940s  
Albert Coons was  
the first to  
conceptualize and  
develop  
immunofluorescent  
techniques for  
labeling antibodies



# History

1945

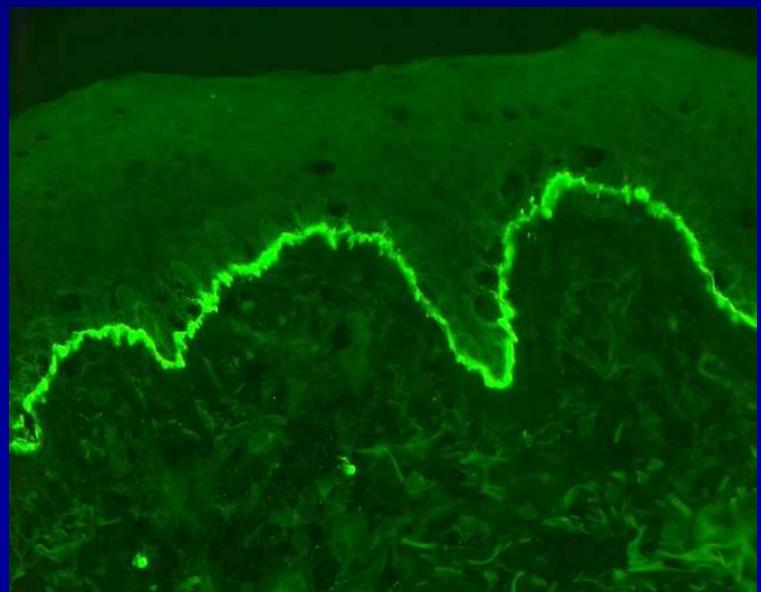
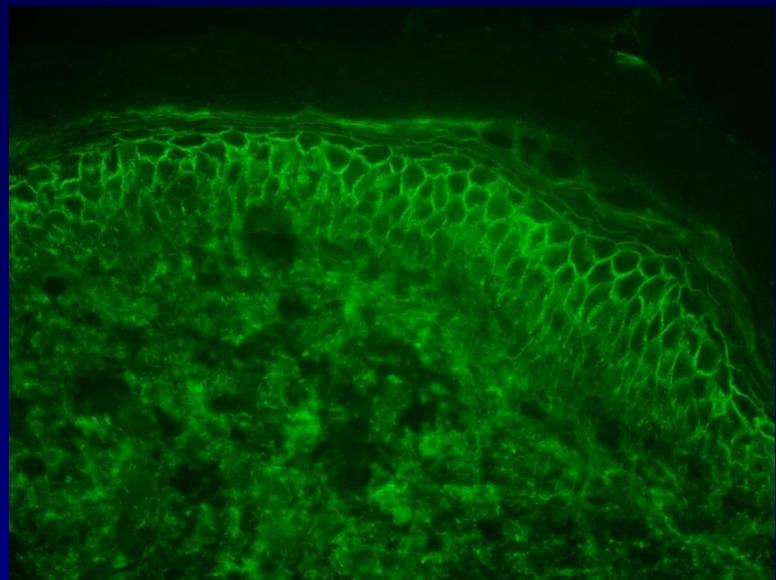
Robin Coombs (and colleagues) described the **Coombs antiglobulin reaction test**, used to determine if antibodies or complement factors have bound to red blood cell surface antigens *in vivo* causing hemolytic anemia

- Waaler-Rose rheumatoid factor
- Hargraves' LE cell
- Witebsky-Rose induction of thyroiditis with autologous thyroid gland

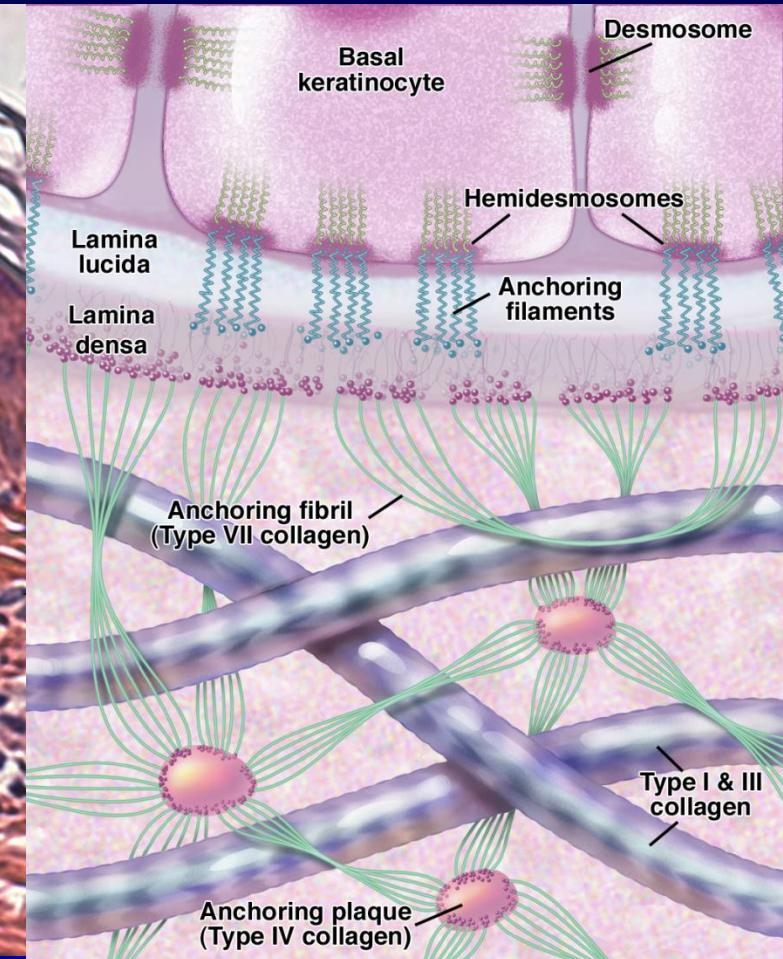
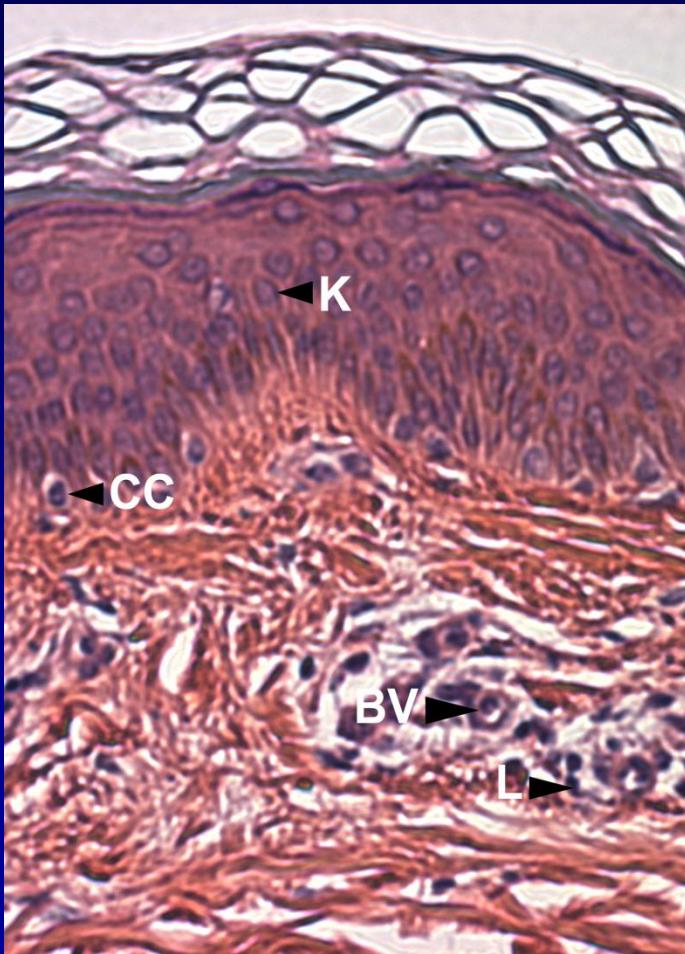
# History

Mid 1960s

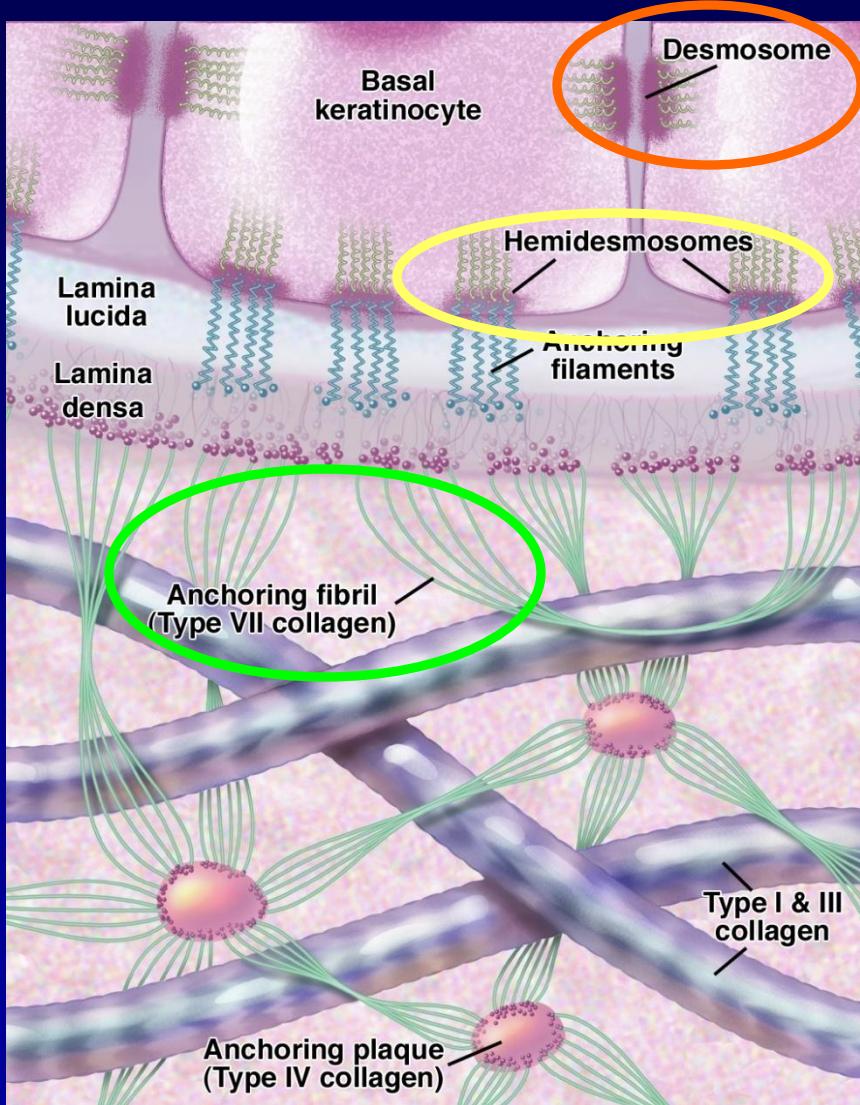
Ernest Beutner and Robert Jordon demonstrated IgG cell surface antibodies in pemphigus, autoantibodies in circulation and bound to the dermal-epidermal junction in bullous pemphigoid



# Immunobullous Diseases



# Immunobullous Diseases



- Desmogleins / Desmosomes
  - Pemphigus
- BP Ags in hemidesmosomes / lamina lucida
  - Pemphigoid
  - Linear IgA bullous dermatosis
- Type VII collagen / anchoring fibrils
  - Epidermolysis bullosa acquisita

# Immunodermatology Tests are Diagnostic Aids in Many Diseases

- Dermatitis herpetiformis & celiac disease
- Drug reactions
- Eosinophil-associated disease
- Epidermolysis bullosa acquisita
- Lichen planus & lichenoid reactions
- Linear IgA bullous dermatosis
- Lupus erythematosus (all types including drug-induced)
- Mixed / undefined connective tissue disease
- Pemphigoid (all types)
- Pemphigus (all types, including paraneoplastic)
- Porphyria & pseudoporphyria
- Urticaria
- Vasculitis (including Henoch-Schönlein purpura)



# Immunodermatology Tests

- Tissue specimens
  - Skin
  - Mucous membranes
- Serum
  - Initial diagnosis
  - Following disease activity
- Tissue and serum together may be helpful in certain diseases



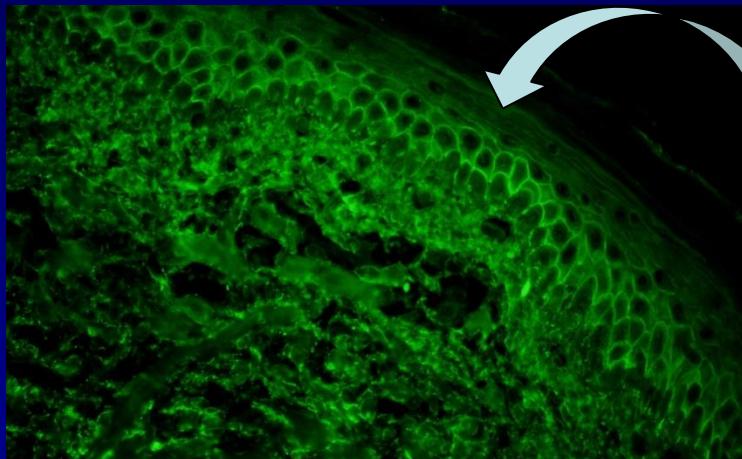
# Immunodermatology Tests

- Tissue specimens
  - Direct immunofluorescence
    - IgG
    - IgM
    - IgA
    - C3
    - Fibrinogen
  - Indirect immunofluorescence
    - Epidermal transglutaminase (dermatitis herpetiformis)
    - Eosinophil granule proteins (eosinophil-associated diseases)
- Serum
  - Indirect immunofluorescence
  - Enzyme linked immunosorbent assays (ELISA)

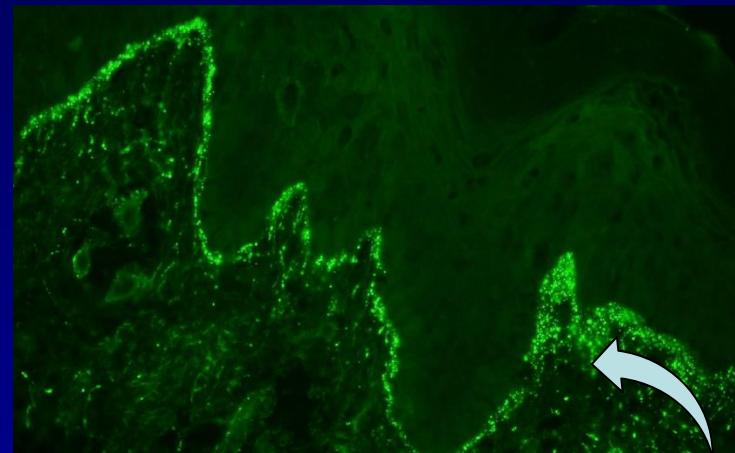


# Immunodermatology Tests

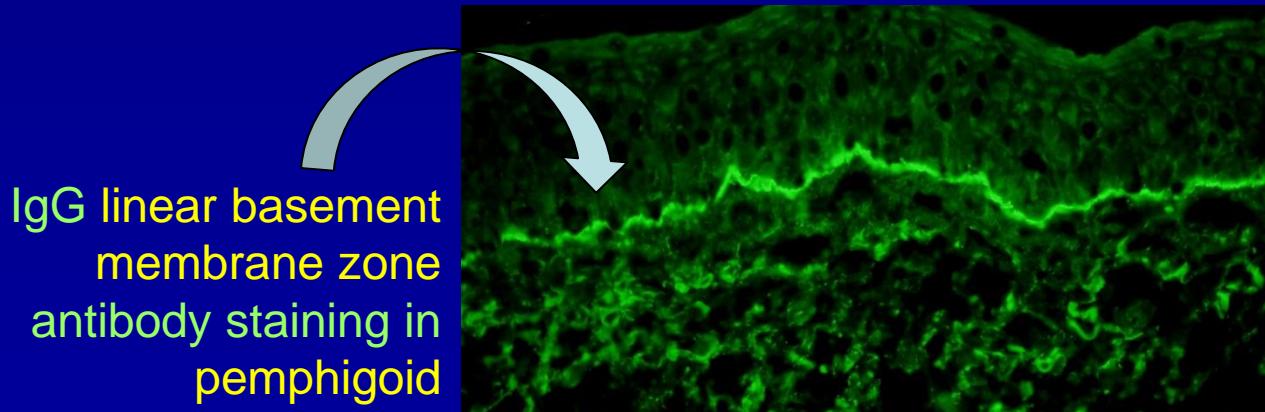
- Tissue specimens
  - Direct immunofluorescence



IgG cell surface antibody staining in pemphigus



IgA granular basement membrane zone antibody staining in dermatitis herpetiformis



IgG linear basement membrane zone antibody staining in pemphigoid

# Immunodermatology Tests

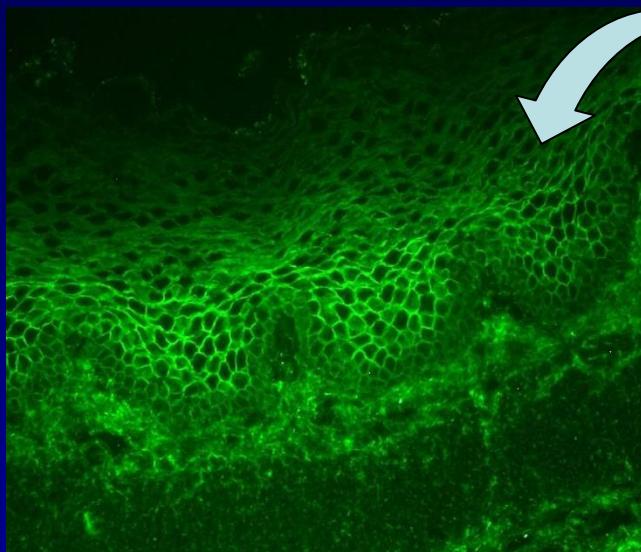
- Serum
  - Indirect immunofluorescence for circulating antibodies
    - Epithelial cell surface (**pemphigus**)
    - Basement membrane zone (**pemphigoid, epidermolysis bullosa acquisita, linear IgA disease**)
    - Cell surface, basement membrane zone and rodent substrates (**paraneoplastic pemphigus**)
    - Endomysium (**dermatitis herpetiformis**)

# Immunodermatology Tests

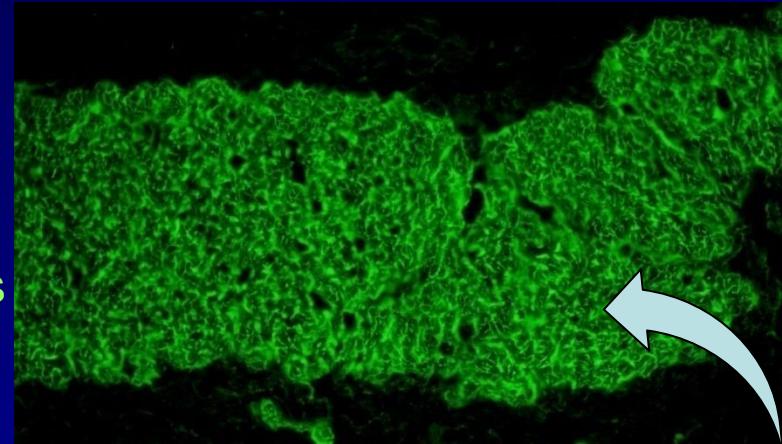
- Serum
  - Enzyme linked immunosorbent assays (ELISA)
    - IgG desmoglein 1 (*pemphigus foliaceus*) and IgG desmoglein 3 (*pemphigus vulgaris*)
    - IgG BP 180 and IgG BP 230 (*bullous pemphigoid, mucous membrane pemphigoid, pemphigoid gestationis*)
    - IgG collagen VII (*epidermolysis bullosa acquisita*)
    - IgG tissue transglutaminase and IgA tissue transglutaminase, IgA epidermal transglutaminase (*dermatitis herpetiformis and celiac disease*)

# Immunodermatology Tests

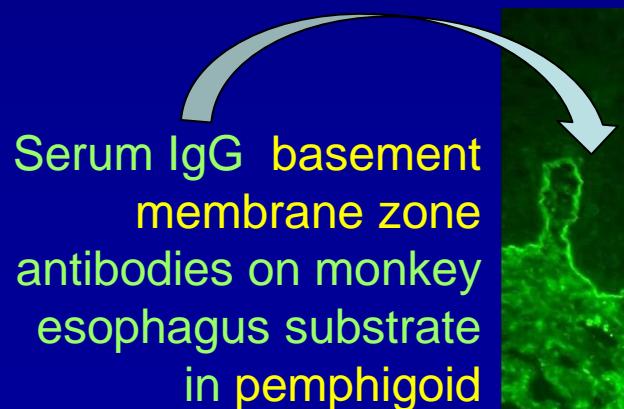
- Serum
  - Indirect immunofluorescence



Serum IgG cell surface antibodies on monkey esophagus substrate in pemphigus



Serum IgA endomysial antibodies on monkey esophagus substrate in dermatitis herpetiformis



Serum IgG basement membrane zone antibodies on monkey esophagus substrate in pemphigoid

Immunodermatology Testing

# DISEASES

# Dermatitis Herpetiformis

## Associations

- Celiac Disease, gluten sensitive enteropathy
  - HLA-DQ2, less commonly –DQ8, association
    - May be important in binding of transglutaminase modified gliadin on antigen presenting cells
  - Prevalence 11-58 per 100,000 population in northern Europe, highest in Ireland; celiac disease prevalence 1 per 250 in US; symptomatic/asymptomatic 1/6
- Lymphoma



# Dermatitis Herpetiformis

## Classical Presentation

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- Pruritus is cardinal feature
- Lesions
  - Symmetric
  - Grouped or *herpetiform*
  - Primary lesion is papule or papulo-vesicle



# Dermatitis Herpetiformis

## Clinical Presentation

Because of intense pruritus, secondary lesions consist of excoriations with erosions and crusting, chronic eczematoid changes or lichenified, prurigo-like lesions



# Dermatitis Herpetiformis

## Clinical Presentation

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Ecchymoses may be seen.  
Scarring does not occur.



# Dermatitis Herpetiformis

## Clinical Presentation



- Lesional distribution
  - Extensor surfaces of elbows, forearms, buttocks, and knees most common
  - Back, posterior neck and scalp next most common
  - Facial lesions, particularly periorbital, may be seen in patients on adequate suppressive therapy
  - Palmar, plantar and oral involvement is rare

# Dermatitis Herpetiformis

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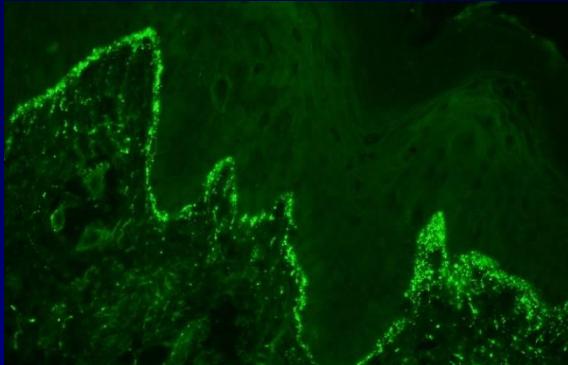
Location  
, Location  
, Location



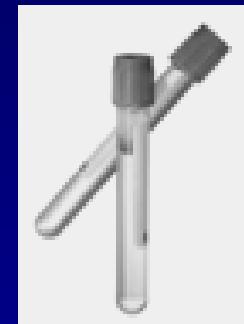
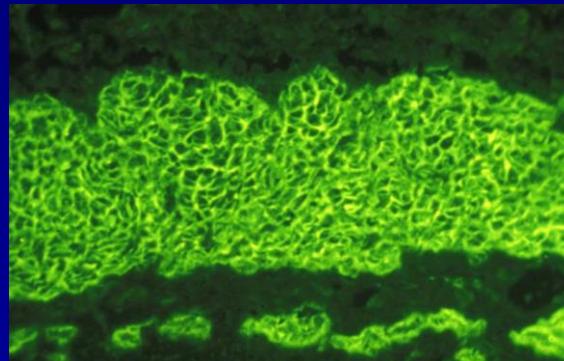
# Immunodermatology Tests

## Dermatitis Herpetiformis

- Tissue specimen



- Serum



- Tissue and serum together most helpful

# Dermatitis Herpetiformis

## Associated Diseases

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Celiac disease and lymphoma

- Insulin-dependent diabetes mellitus
- Autoimmune thyroid disease
- Lupus erythematosus
- Sjögren's syndrome
- Arthritis
- Pernicious anemia
- Hypoadrenalism
- Sclerosing cholangitis
- Primary biliary cirrhosis
- Sarcoidosis
- Vitiligo
- Alopecia areata
- Micronutrient deficiency, anemia and osteoporosis

# Bullous Pemphigoid

## Characteristic Lesions and Classical Presentation

- Elderly patients
- Pruritus
- Tense bullae on urticarial and/or erythematous bases in flexural areas



# Pemphigoid Variants

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Dyshidrosiform

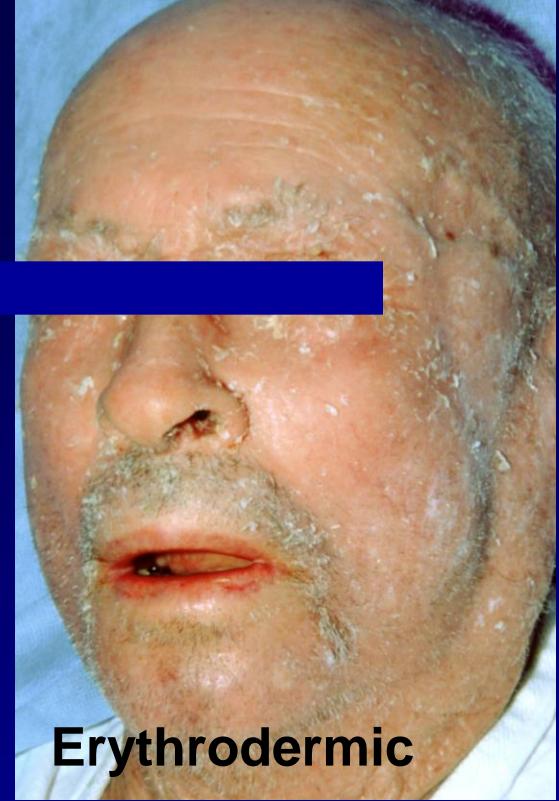


Localized

# Pemphigoid Variants



Inflammatory and desquamative gingivitis



Erythrodermic



Prurigo nodularis-like



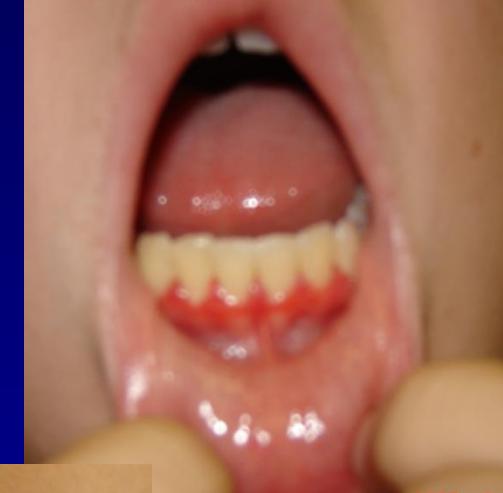
Noninflammatory

# Pediatric Pemphigoid

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Infantile



Vulvar



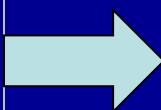
# Pemphigoid Variants

## Atypical nonbullous presentations

Eczematous lesions



Generalized pruritus  
(with excoriations), no  
primary lesions

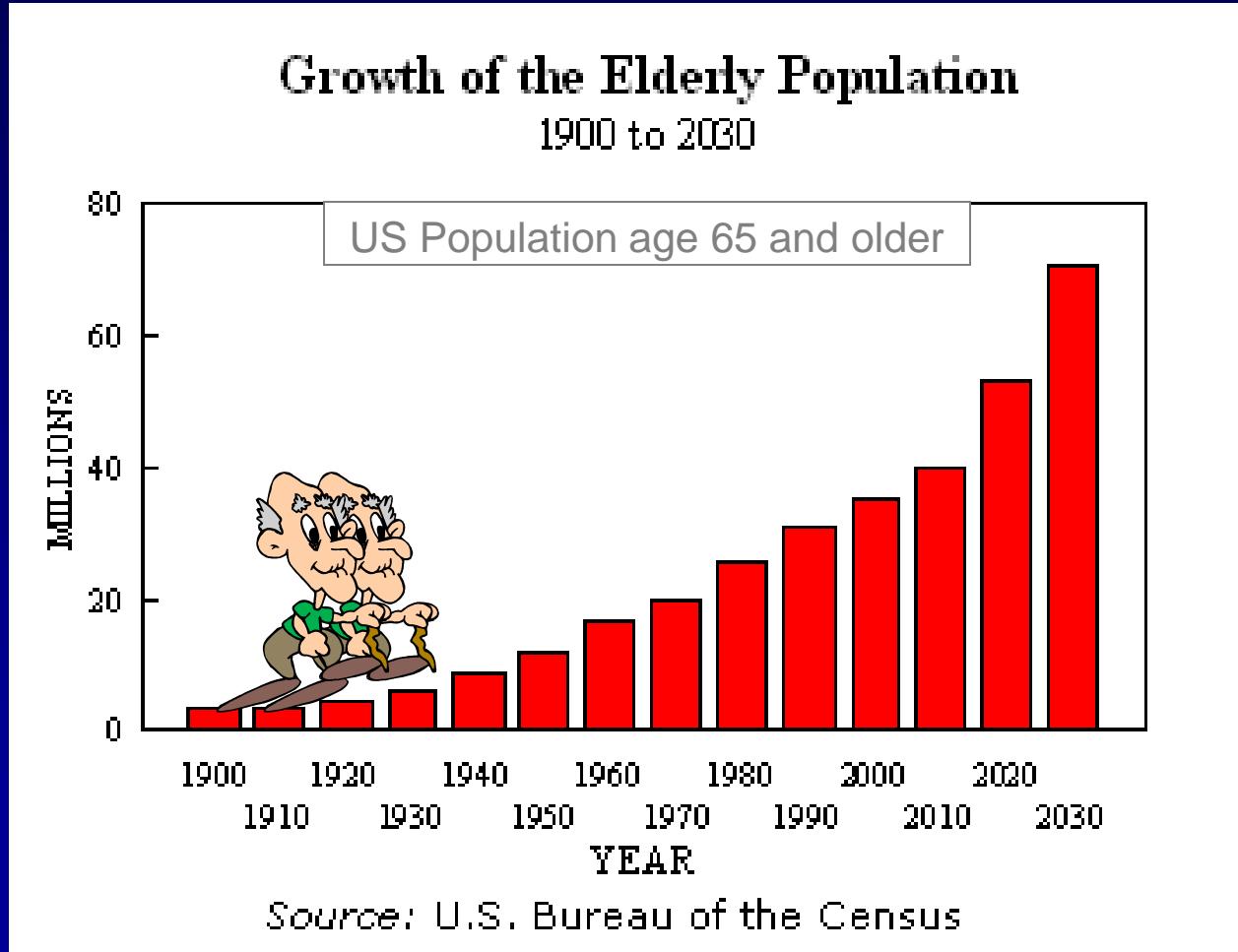


Bakker CV et al. Bullous pemphigoid as pruritus in the elderly: a common presentation. JAMA Dermatol 2013;149:950-3 ↴

It is important to include serological and direct immunofluorescence in the diagnostic algorithm of itch.

# Pemphigoid quo vadis

- Current incidence 4-22 new cases per  $10^6$ 
  - Incidence likely to continue to rise
  - After age 70, incidence significantly increases
  - Relative risk >90 years old is 300 fold higher than <60 years old
  - New pathogenic mechanisms, IgE



# Pemphigoid Variant Drug-Induced



- Implicated drug: furosemide
- Tense vesicles and bullae on dorsum of foot
- Penicillins
- Ciprofloxacin
- Furosemide
- Hydrochlorothiazide
- ACE inhibitors  
(captopril, enalapril)
- Chloroquine
- Sulfasalazine
- Phenacetin
- Nifedipine
- Terbinafine
- Spironolactone

# Pemphigoid Variants

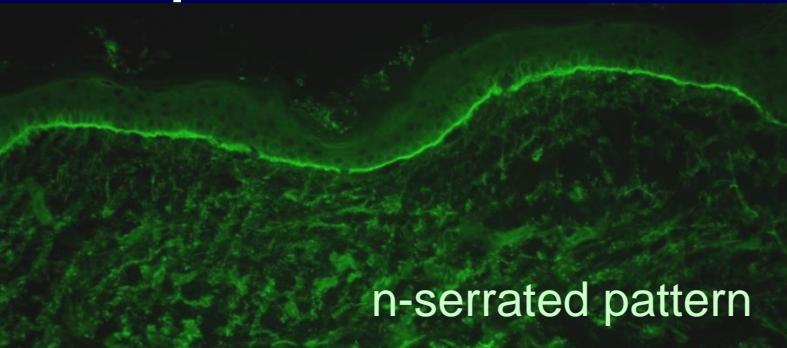
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- Infants and children
- Vulva, in prepubertal children
- Localized, lower extremities
- Vegetating plaques, groin and axillae
- Herpetiform, vesicles
- Dyshidrosiform, palmar and plantar lesions resembling dyshidrotic eczema
- Pemphigoid nodularis, prurigo nodularis-like lesions on extremities
- Lichen planus pemphigoides
- Drug-induced
- Pemphigoid gestationis

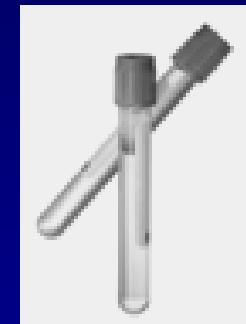
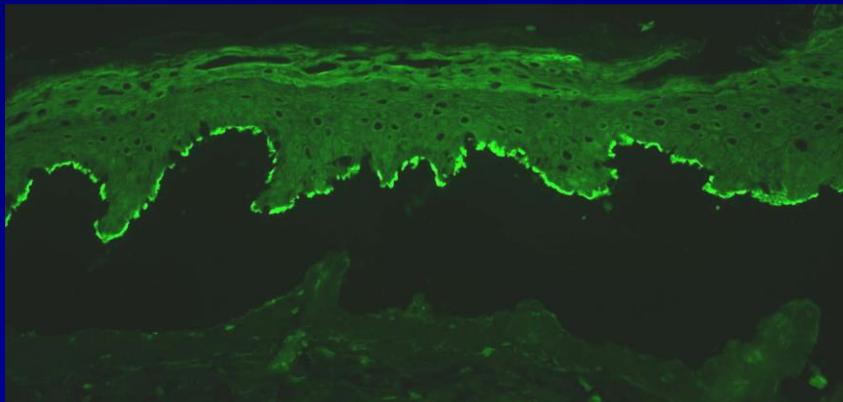
# Immunodermatology Tests

## Pemphigoid

- Tissue specimen



- Serum



- Tissue and serum together most helpful

# Mucous Membrane Pemphigoid

- Affects skin and/or mucous membranes
  - Tense bullae – Erosions
- Scarring sequelae including ocular conjunctivae
- Immunofluorescence
  - Linear IgG and C3 BMZ
  - Circulating IgG BMZ antibodies in only 20%, epidermal pattern
  - Targeted proteins, BP180 and laminin 332 (laminin V, epiligrin); anti-epiligrin cicatricial pemphigoid



# Linear IgA Disease



Linear IgA Bullous Dermatosis

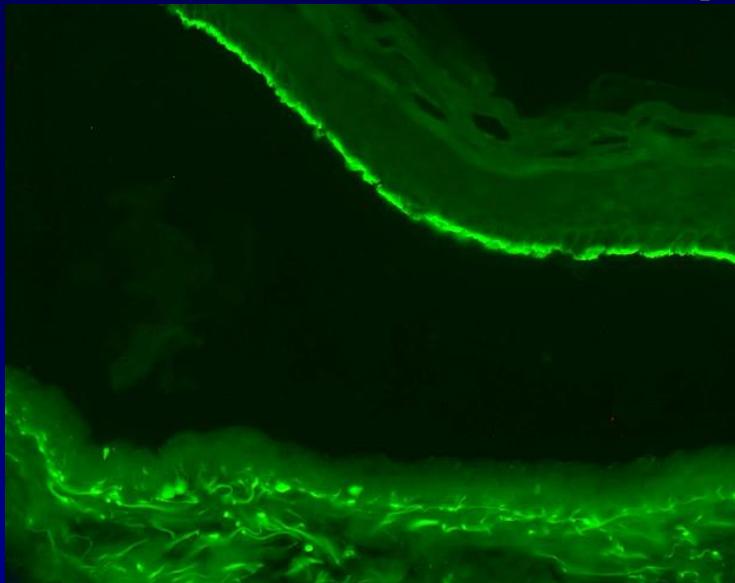


Chronic Bullous Disease of Childhood

- Tense bullae similar to pemphigoid
  - “String of pearls” or
  - “Cluster of jewels” sign

# Linear IgA Bullous Dermatoses Immunopathology

Serum on human split skin substrate with anti IgA

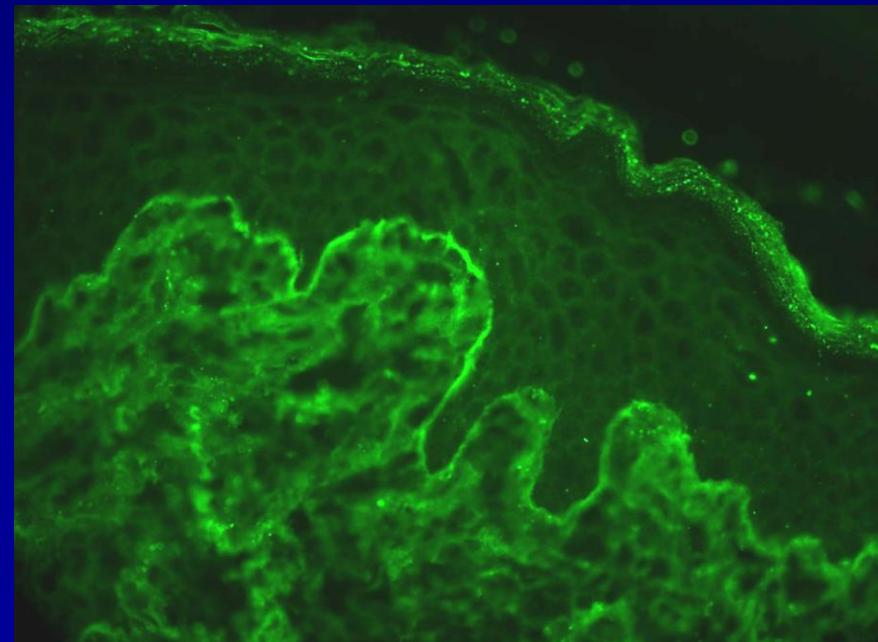


Epidermal localization  
◀Roof of separation:

IgA  
basement  
membrane zone  
antibodies

Direct immunofluorescence of  
perilesional tissue with anti IgA

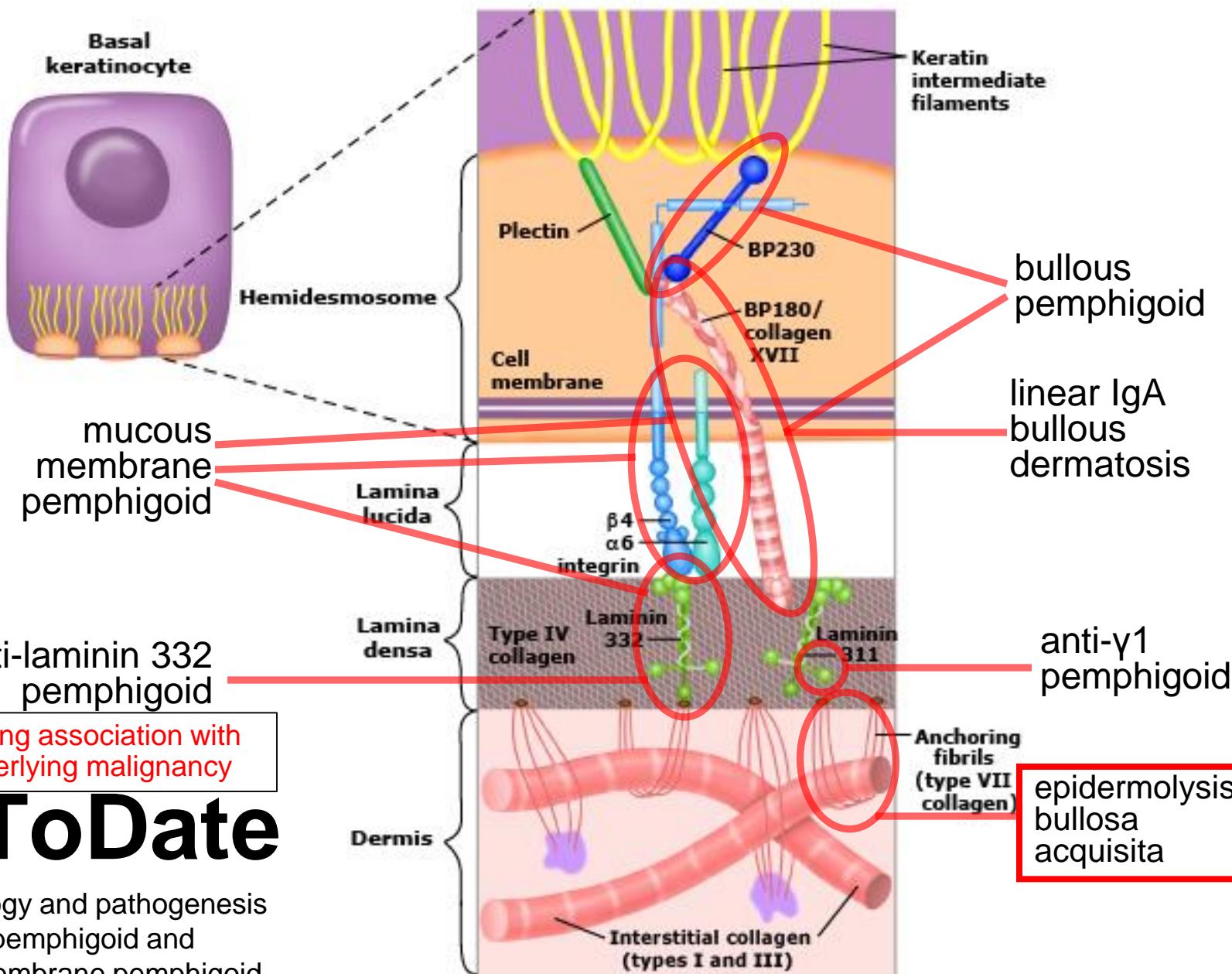
Linear BMZ staining ▶



# Linear IgA Disease

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- Oral involvement common along with skin in adult disease
- Neutrophils more common in infiltrate than in pemphigoid which shows predominance of eosinophils
- Antigenic target is LABD97, a portion of BP 180
- Drug induced variant
  - Vancomycin
  - Captopril, lithium, diclofenac, phenytoin, IL-2, somatostatin



# UpToDate

Epidemiology and pathogenesis  
of bullous pemphigoid and  
mucous membrane pemphigoid

# Epidermolysis Bullosa Acquisita



- Tense bullae
- Oral mucosal involvement common
- Occur in areas of trauma or friction

# **Epidermolysis Bullosa Acquisita**

## **Immunopathology**

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- Linear IgG and C3 BMZ, rarely IgA, IgM
  - Similar to pemphigoid but may be thicker, unserrated pattern
- Indirect immunofluorescence of serum has IgG localized to dermal side of split skin
- Antibodies directed to Type VII collagen (anchoring fibrils)

# Epidermolysis Bullosa Acquisita Immunopathology

Serum on human split skin substrate with anti IgG

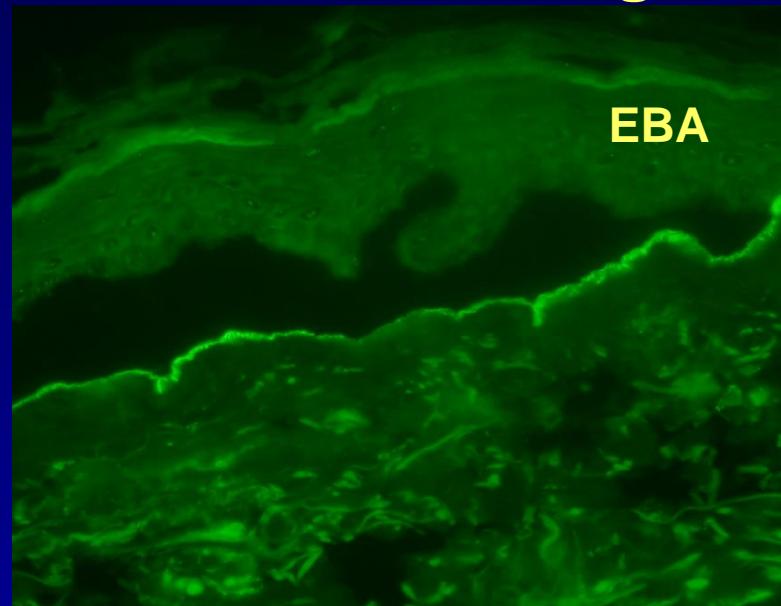
Dermal  
localization

Floor of  
separation ►

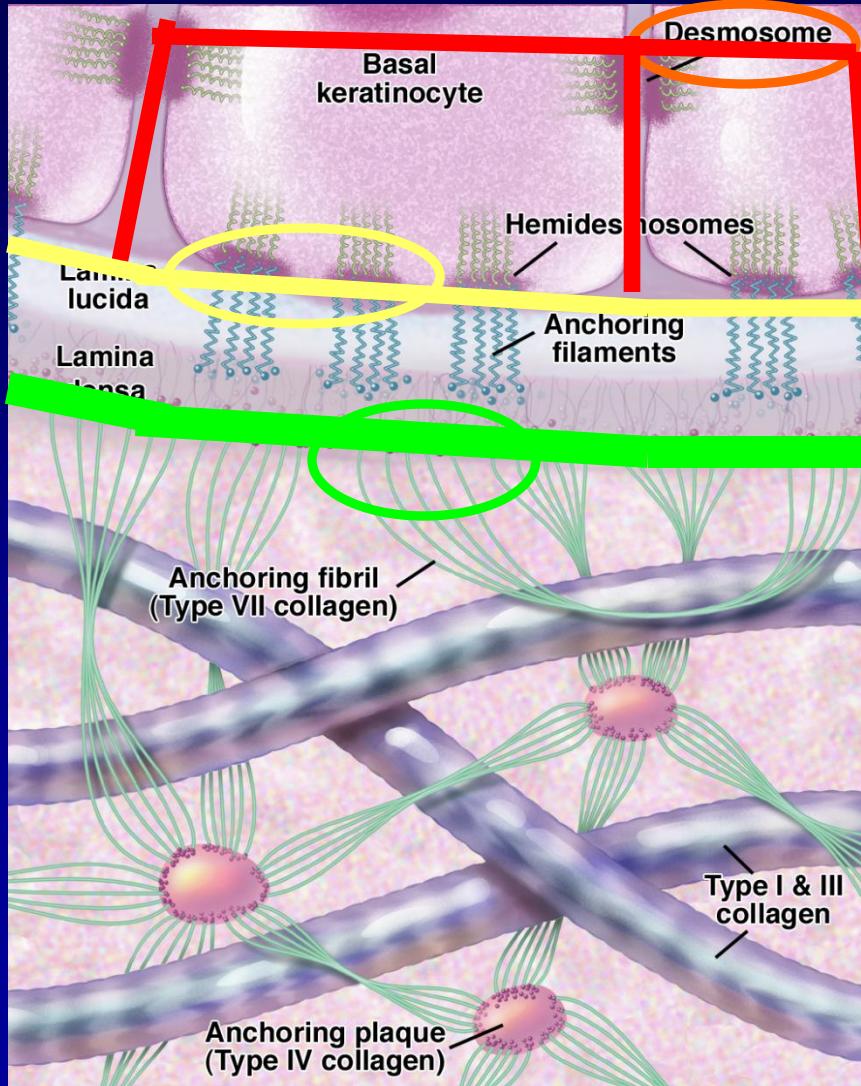
In contrast to....

Bullous Pemphigoid

►Roof of  
separation:  
Epidermal  
localization



# Immunodermatology



- Desmogleins / Desmosomes
  - Pemphigus
- BP Ags in hemidesmosomes / lamina lucida
  - Pemphigoid
  - Linear IgA disease
- Type VII collagen / anchoring fibrils
  - Epidermolysis bullosa acquisita

# Pemphigus

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- Organ specific autoimmune disorders
- Characterized by development of blisters and erosions on skin and mucous membranes
- Caused by detachment of epithelial cells (acantholysis)
- Severe morbidity and death, as a result of skin loss, oropharyngeal ulcerations and sepsis

# Immunodermatology

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- Pemphigus
  - Pemphigus vulgaris and vegetans
  - Pemphigus foliaceus and erythematosus
  - Fogo selvagem
  - Paraneoplastic pemphigus

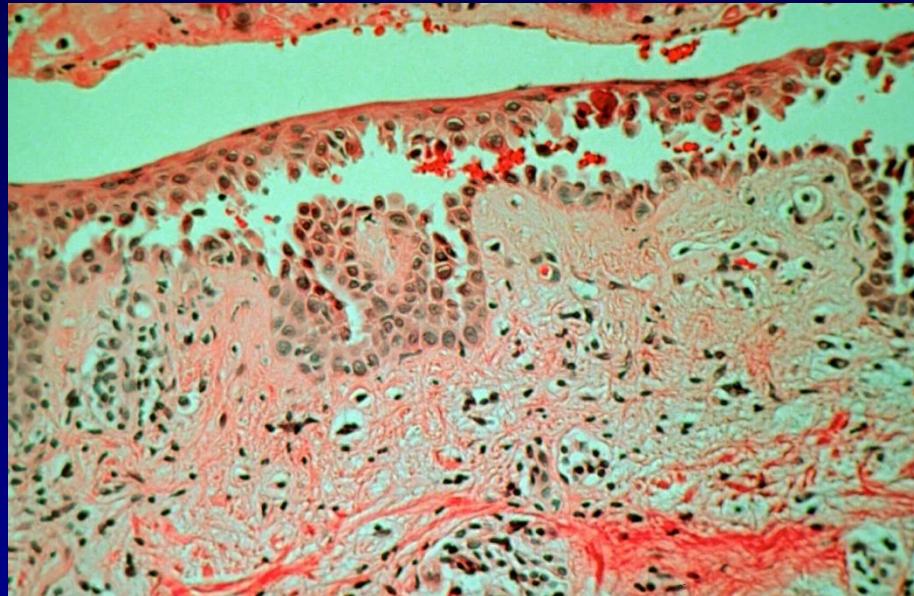
# Pemphigus Vulgaris



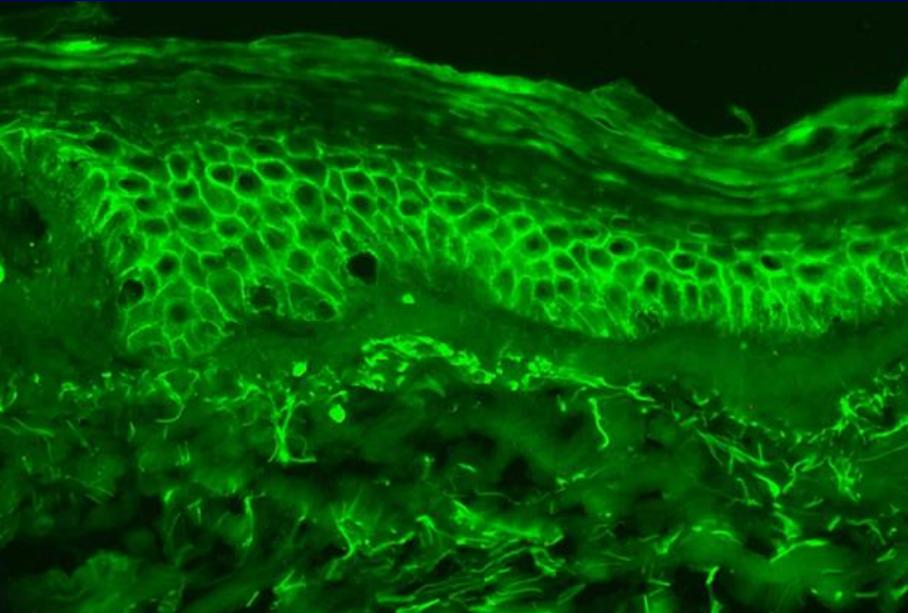
- Severe oral ulcerations
- Inflammation and erosions of other mucosa
  - Ocular – Nasal – Genital
- 50% develop blisters and erosions of skin, often head and neck
- Without treatment, mortality approaches 100%, current mortality 5-25%

# Pemphigus Vulgaris

## Pathology and Immunopathology



- Epidermal cell surface IgG
- Serum cell surface and desmoglein 3 antibody titers correlate with disease activity



- Acantholysis
- Dermal inflammation including eosinophils

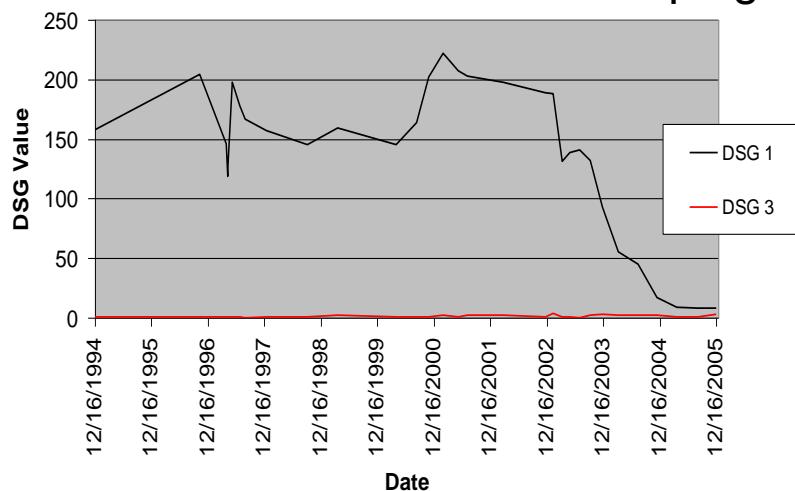
# Pemphigus Foliaceus



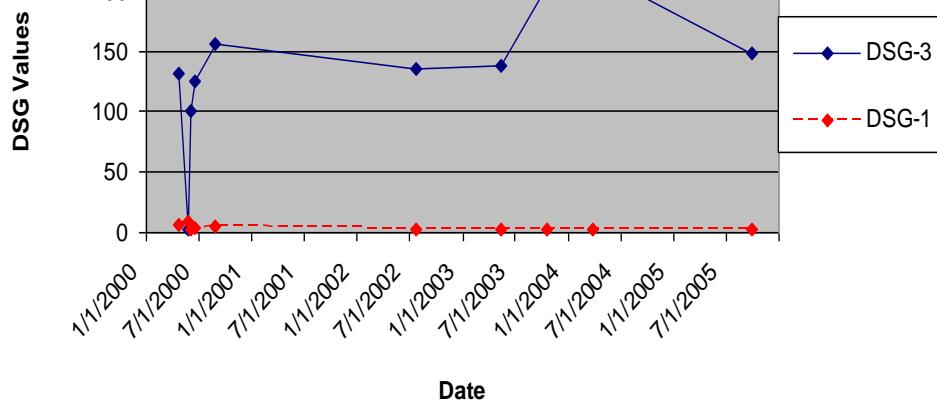
- Superficial cutaneous erosions
- Pattern of seborrheic dermatitis
- Mucosal involvement rare
- Cell surface and desmoglein 1 antibodies correlate with disease

# Pemphigus

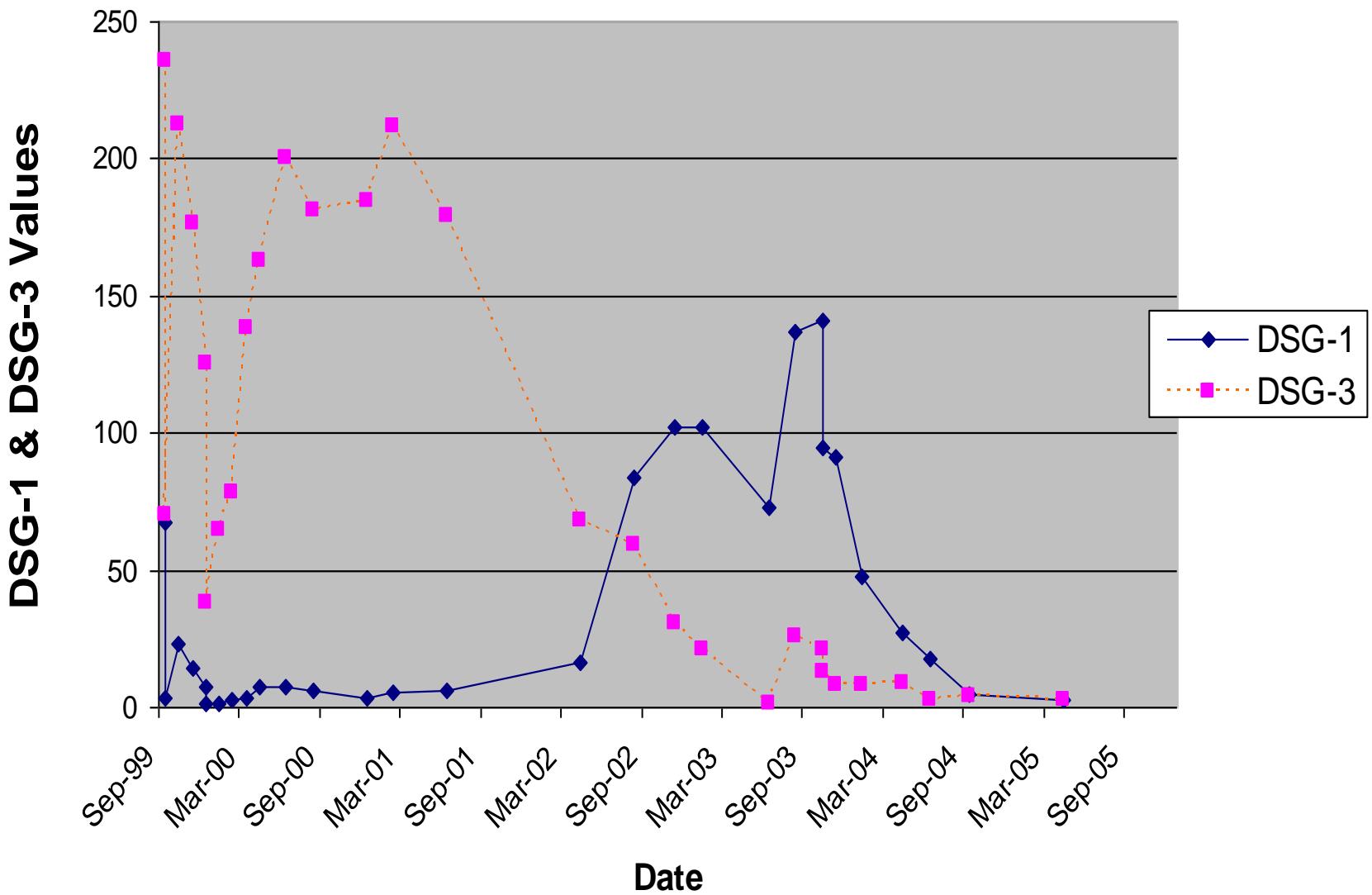
## Pemphigus foliaceus



## Pemphigus vulgaris



# Epitope Migration in Pemphigus



# Pemphigus

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- In all forms, autoantibodies develop to desmosomal cadherins (DSG1 in PF and FS and DSG3 in PV) and/or other adhesion molecules
- Pemphigus antibodies produce acantholysis *in vivo* in neonatal mice and *in vitro* in skin explants and keratinocyte cultures
- Inducing factors unknown
  - Genetics
  - Environmental factors

Kalantari-Dehaghi M, Anhalt GJ,  
Camilleri MJ, et al. (2013)  
Pemphigus Vulgaris Autoantibody  
Profiling by Proteomic Technique.  
PLoS ONE 8(3): e57587.  
[doi:10.1371/journal.pone.0057587](https://doi.org/10.1371/journal.pone.0057587)

# Pemphigus

## Environmental factors

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- Drug-induced disease
  - Antibiotics
    - Penicillin/derivatives
    - Rifampin
    - Cephalexin
  - Thiols
    - Penicillamine
    - Captopril
    - Pyritinol
    - Thiopronine
  - Piroxicam
  - Thiamazole
  - Gold
  - sodium thiomolate
- In PNP, hematologic malignancies initiate and drive autoimmunity against DSGs and desmoplakins

# Paraneoplastic Pemphigus



- Severe inflammation, ulceration and scarring of mucosa
  - Oral
  - Ocular conjunctivae
  - Lung
  - Gastrointestinal tract
- Ulcerations of skin



# Paraneoplastic Pemphigus

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- May appear lichenoid,  
erythema multiforme-like



# Paraneoplastic Pemphigus

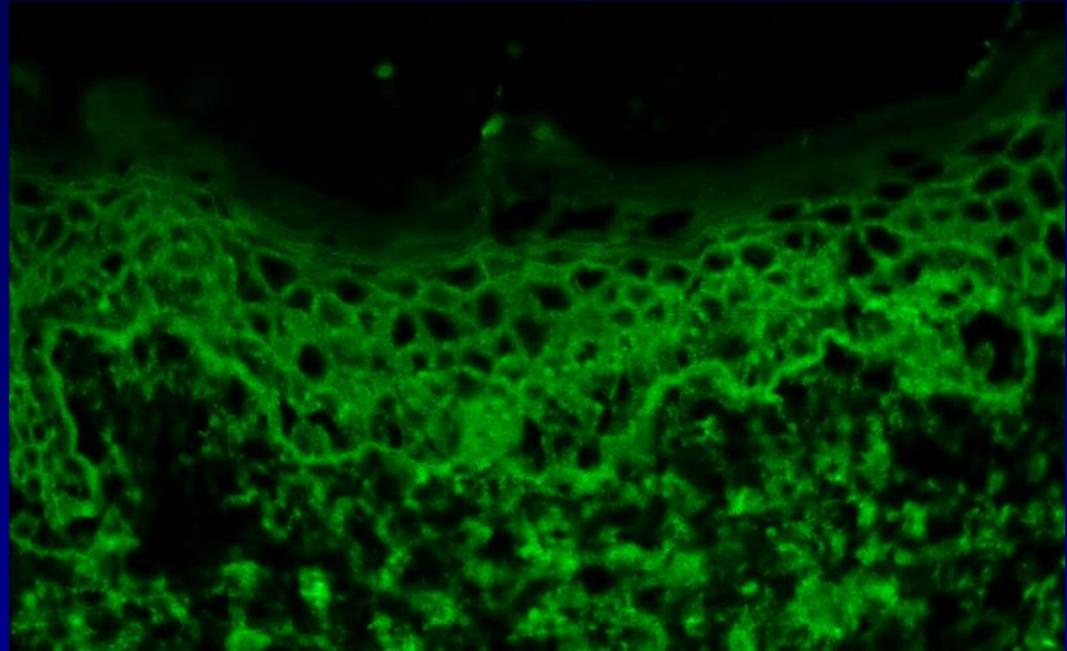
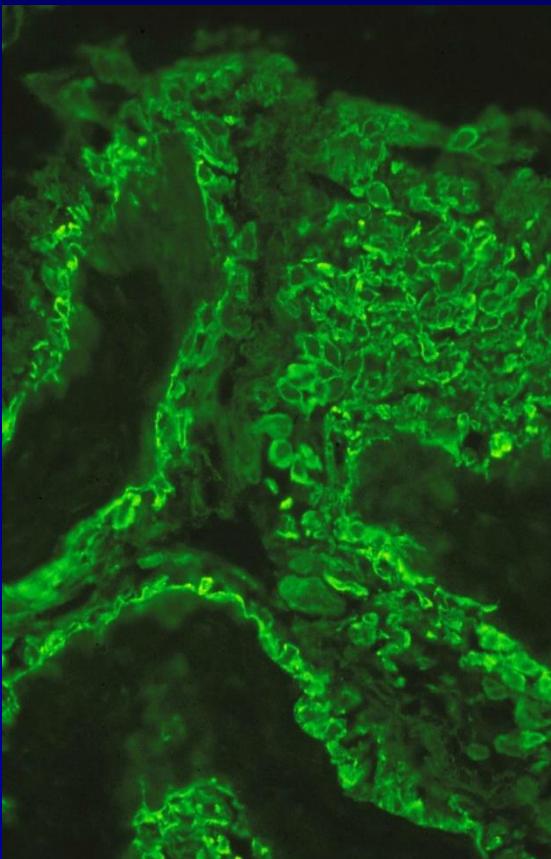
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- Both cell surface and BMZ antibodies
- Simple columnar/transitional epithelial antibodies on rodent substrate—bladder, heart and liver
- Associated hematologic malignancy
  - Non-Hodgkin's lymphoma
  - Chronic lymphocytic leukemia
  - Castleman's disease
  - Thymoma
  - Waldenstrom's macroglobulinemia
  - Sarcomas

# Paraneoplastic Pemphigus Immunopathology

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IgG epithelial cell surface  
and basement membrane  
zone IgG staining on biopsy



Epithelial cell surface IgG  
staining on rodent bladder  
in serum

# Immunodermatology Tests are Diagnostic Aids in Many Diseases

- Dermatitis herpetiformis & celiac disease
- Drug reactions
- Eosinophil-associated disease
- Epidermolysis bullosa acquisita
- Lichen planus & lichenoid reactions
- Linear IgA bullous dermatosis
- Lupus erythematosus (all types including drug-induced)
- Mixed / undefined connective tissue disease
- Pemphigoid (all types)
- Pemphigus (all types, including paraneoplastic)
- Porphyria & pseudoporphyria
- Urticaria
- Vasculitis (including Henoch-Schönlein purpura)

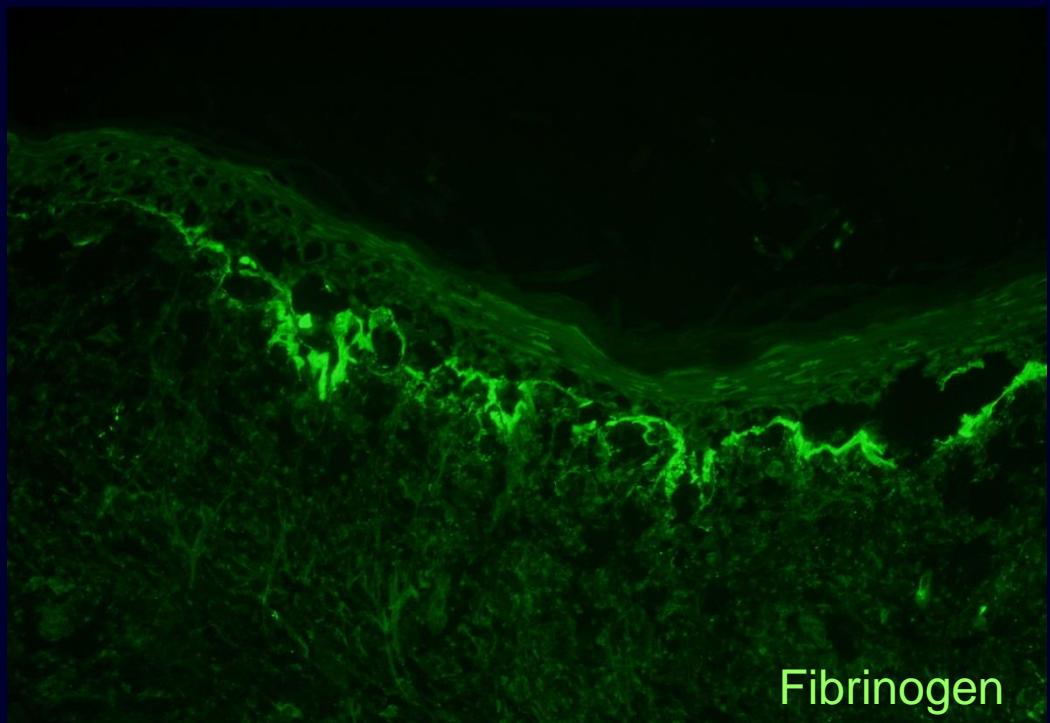


# Lichen Planus

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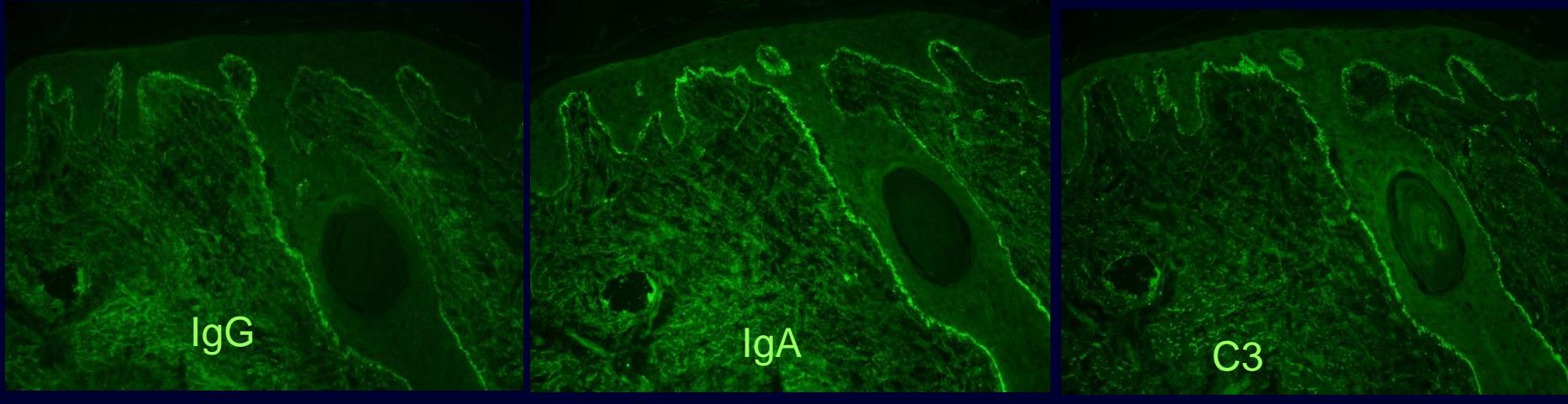
Nails and scalp



Fibrinogen

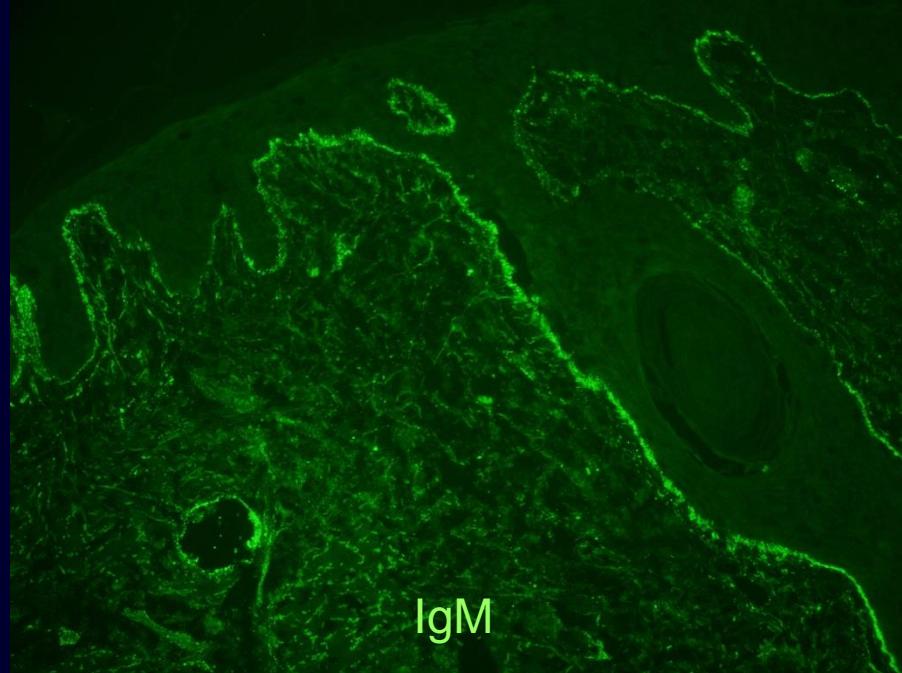


# Lupus Erythematosus

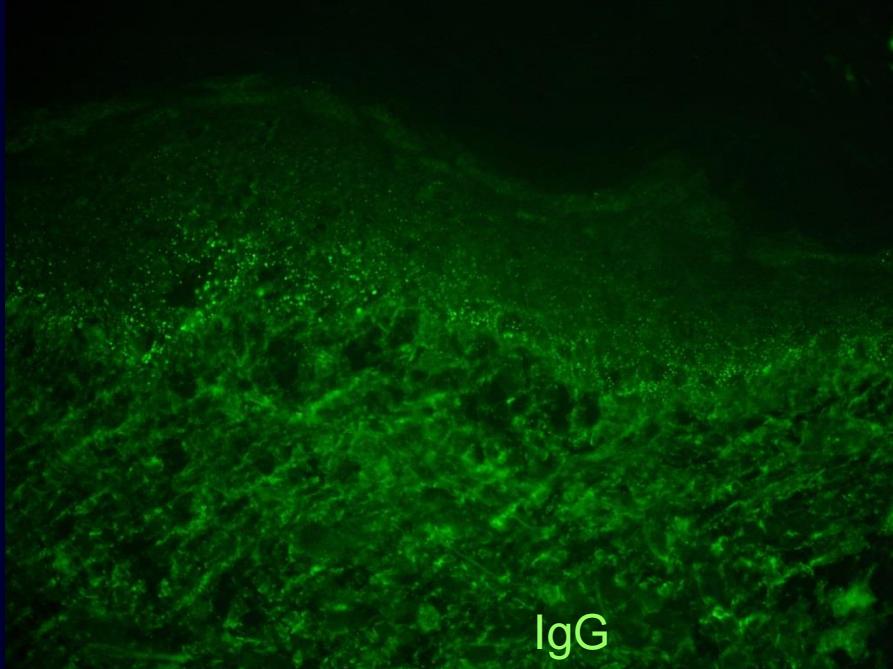


Granular immune deposits  
along the BMZ

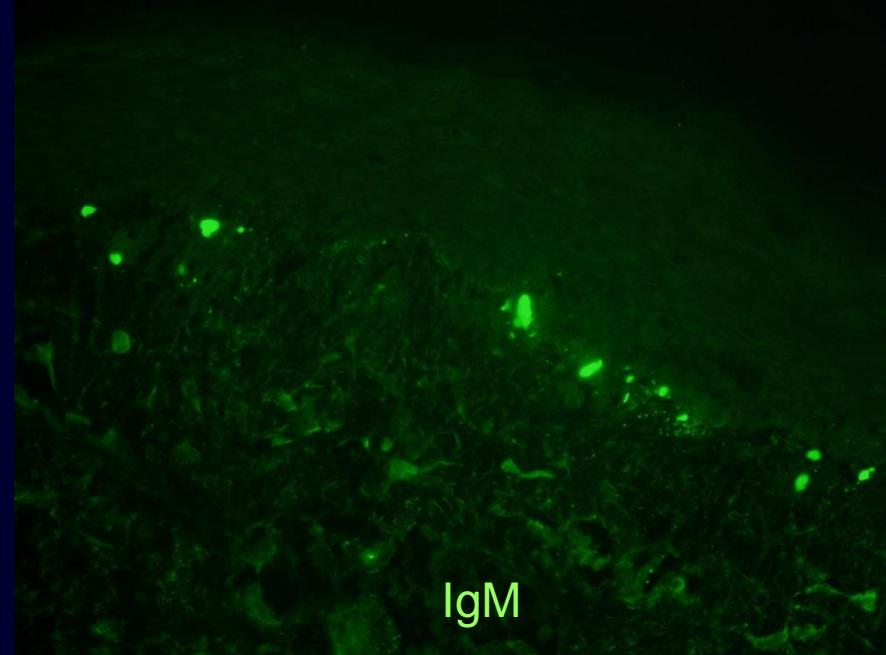
IgM = C3 > IgG > IgA



# Subacute Cutaneous Lupus Erythematosus



IgG

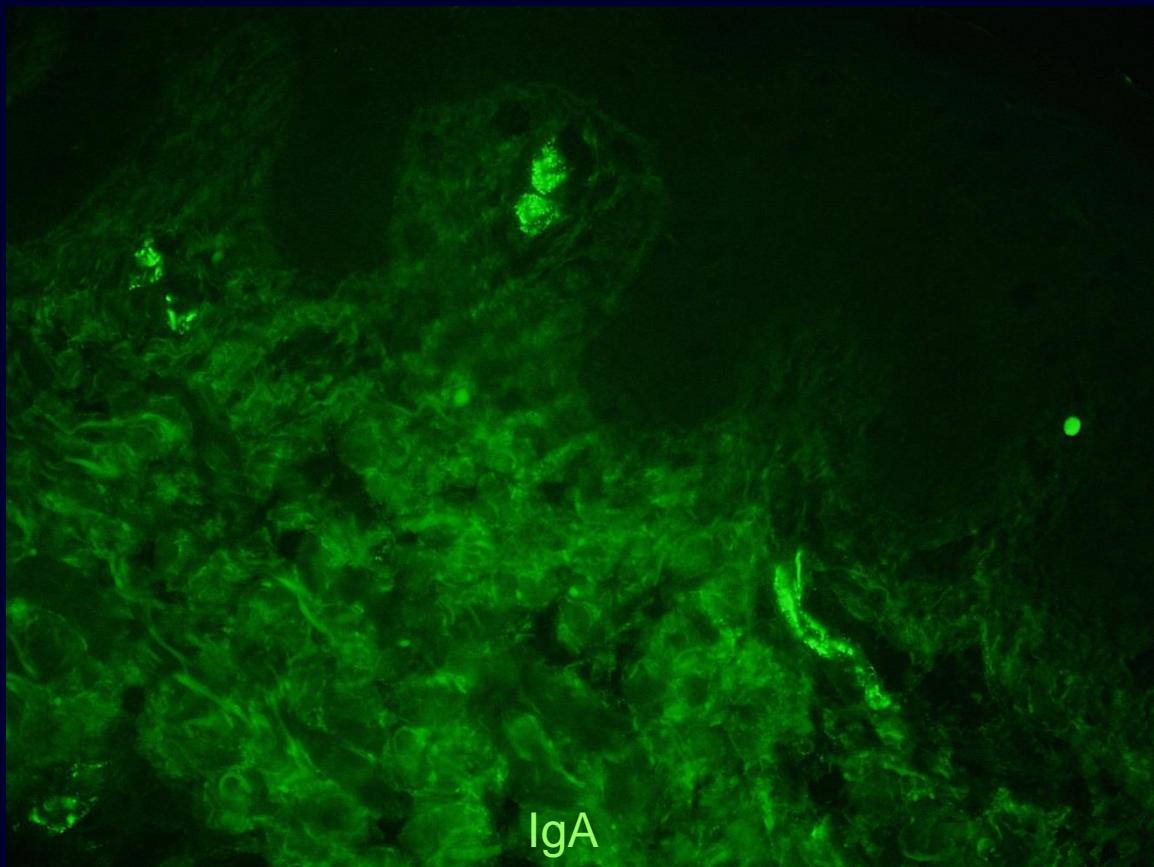


IgM

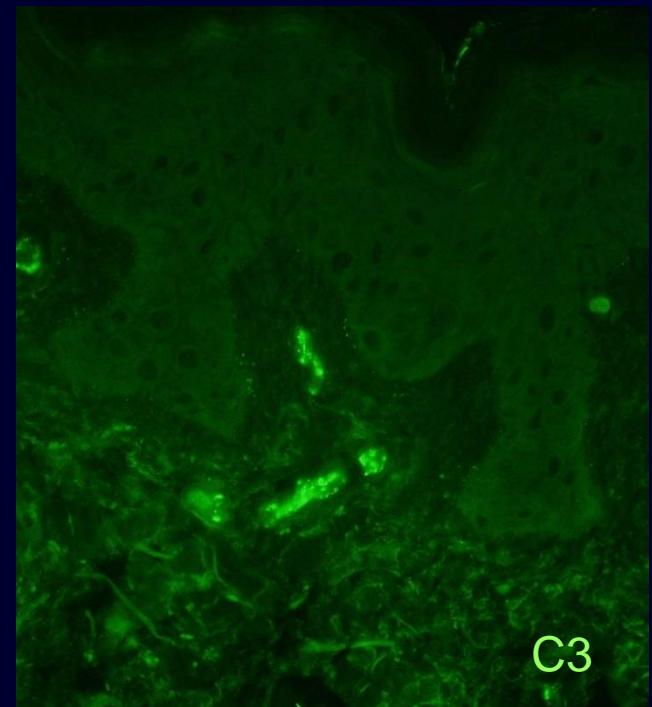
- Drug induced
- Neonatal LE →
  - Congenital heart block



# Vasculitis



IgA



C3

IgA Vasculitis  
(Henoch Schoenlein Purpura)

# Immunodermatology Tests are Helpful Diagnostically and in Monitoring Disease Activity

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- Blistering Skin and Mucous Membrane Diseases
    - Pemphigoid (all types)
    - Pemphigus (all types, including paraneoplastic)
    - Epidermolysis bullosa acquisita
    - Linear IgA bullous dermatosis
    - Dermatitis herpetiformis & celiac disease
    - Porphyria & pseudoporphyria
  - Other Immune-Mediated Diseases
    - Lupus erythematosus (all types)
    - Mixed / undefined connective tissue disease
    - Lichen planus & lichenoid reactions
    - Vasculitis (including Henoch-Schönlein purpura)
    - Eosinophil-associated diseases
- Perilesional Tissue  
AND  
Serum
- Urticaria
  - Drug reactions
- Lesional Tissue

# Immunodermatology Tests

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- Biopsy site and transport fixative is critical
  - **Perilesional for blistering diseases** (do NOT biopsy ulcer or erosion, need intact tissue containing epidermis and dermis)
  - **Lesional, active border of new lesion for others**
  - Use Michel's or Zeus' transport medium, NOT formalin
- Serum studies along with biopsy or alone
  - Diagnosis (not as sensitive as biopsy but distinguishes subtypes and may be positive when biopsy is not)
  - Monitoring disease activity

# Immunodermatology Tests

- Postage paid kits available to submit specimens



- Biopsy site is important
  - Information is in kit or on web site



# Immunodermatology Tests

## Immunodermatology Laboratory University of Utah

Questions  
about  
specimen  
procurement  
and/or  
patients?

• Co-Directors  
**John J. Zone, M.D.**  
**Kristin M. Leiferman, M.D.**

Ask us



• Web site

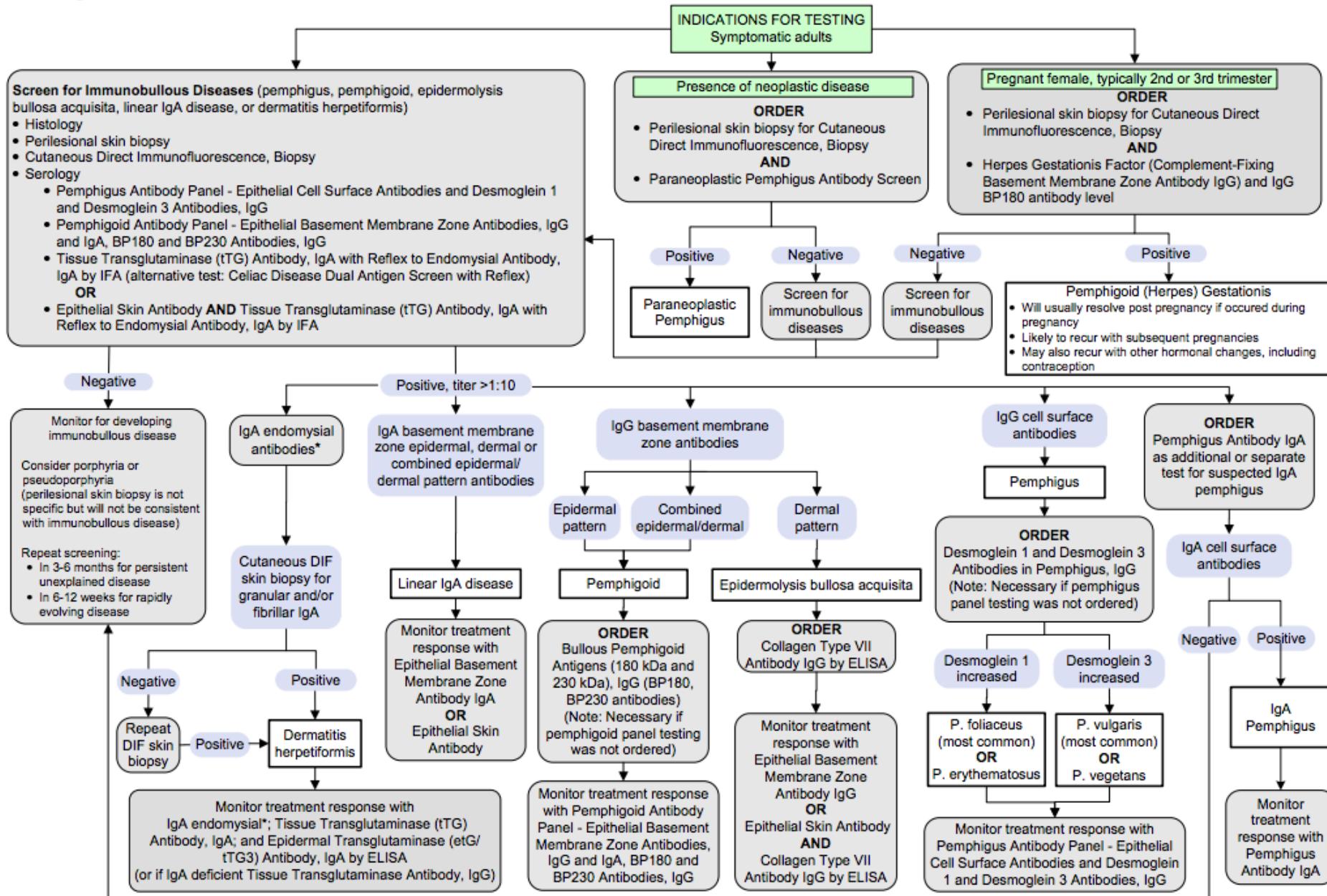
<http://medicine.utah.edu/dermatology/labservices/immunodermatology/>

• ARUP Laboratories

[arupconsult.com/Topics/ImmunobullousSkinDz.html](http://arupconsult.com/Topics/ImmunobullousSkinDz.html)

• Toll free telephone number 1.866.266.5699

Marjorie Allen, Chief Technician, 11 years plus  
Chase Myrick, Aubrey Curvin



\* For Endomysial Antibodies, a screening IgA tissue transglutaminase assay (ELISA) can be ordered OR request Endomysial Antibody test by indirect immunofluorescence (IgA and/or IgG) with or without accompanying IgA and/or IgG tissue transglutaminase assay through the Immunodermatology Laboratory.

Results 1 - 8 of 8 documents for your search ""Immunobullous Skin Diseases Testing Algorithm"".

Sort By: [Best Match](#) | [Title](#) ▾ Results per page:

-  [1. Dermatitis Herpetiformis](#)  
...most cases, along with pemphigoid and pemphigus panel tests For mucous membrane involvement, biopsy nonlesional mucosa See **Immunobullous Skin Diseases Testing algorithm** ...
-  [2. Epidermolysis Bullosa Acquisita](#)  
...and pemphigus panel tests For skin involvement, biopsy perilesional skin For mucous membrane involvement, biopsy nonlesional mucosa See **Immunobullous Skin Diseases Testing algorithm** ...
-  [3. Herpes Gestationis](#)  
...various immunobullous disorders in patients suspected or known to have any type of immunobullous disease See **Immunobullous Skin Diseases Testing algorithm** ...
-  [4. Immunobullous Skin Diseases Screening](#)  
...Immunobullous Skin Diseases Screening Dx Background Lab Tests Algorithm Diagnosis Indications for Testing Blistering and other inflammatory disease without obvious etiology See **Immunobullous Skin Diseases Testing algorithm** Laboratory Testing Initial testing Perilesional skin biopsy for direct immunofluorescence (DIF) plus appropriate serum ...
-  [5. Linear IgA Disease](#)  
...and pemphigus panel tests For skin involvement, biopsy perilesional skin For mucous membrane involvement, biopsy nonlesional mucosa See **Immunobullous Skin Diseases Testing algorithm** ...
-  [6. Paraneoplastic Pemphigus](#)  
...perform and/or correlate with perilesional skin biopsy; consider evaluation for other immunobullous disease See **Immunobullous Skin Diseases Testing Algorithm** Perilesional skin biopsy for cutaneous direct immunofluorescence submitted in Michel's (or Zeus) medium ...
-  [7. Pemphigoid](#)  
...with serum pemphigoid panel For skin involvement, biopsy perilesional skin For mucous membrane involvement, biopsy nonlesional mucosa See **Immunobullous Skin Diseases Testing algorithm** ...
-  [8. Pemphigus](#)  
...with serum pemphigoid panel For skin involvement, biopsy perilesional skin For mucous membrane involvement, biopsy nonlesional mucosa See **Immunobullous Skin Diseases Testing algorithm** ...

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1

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**SEARCH AGAIN**

Search within current results

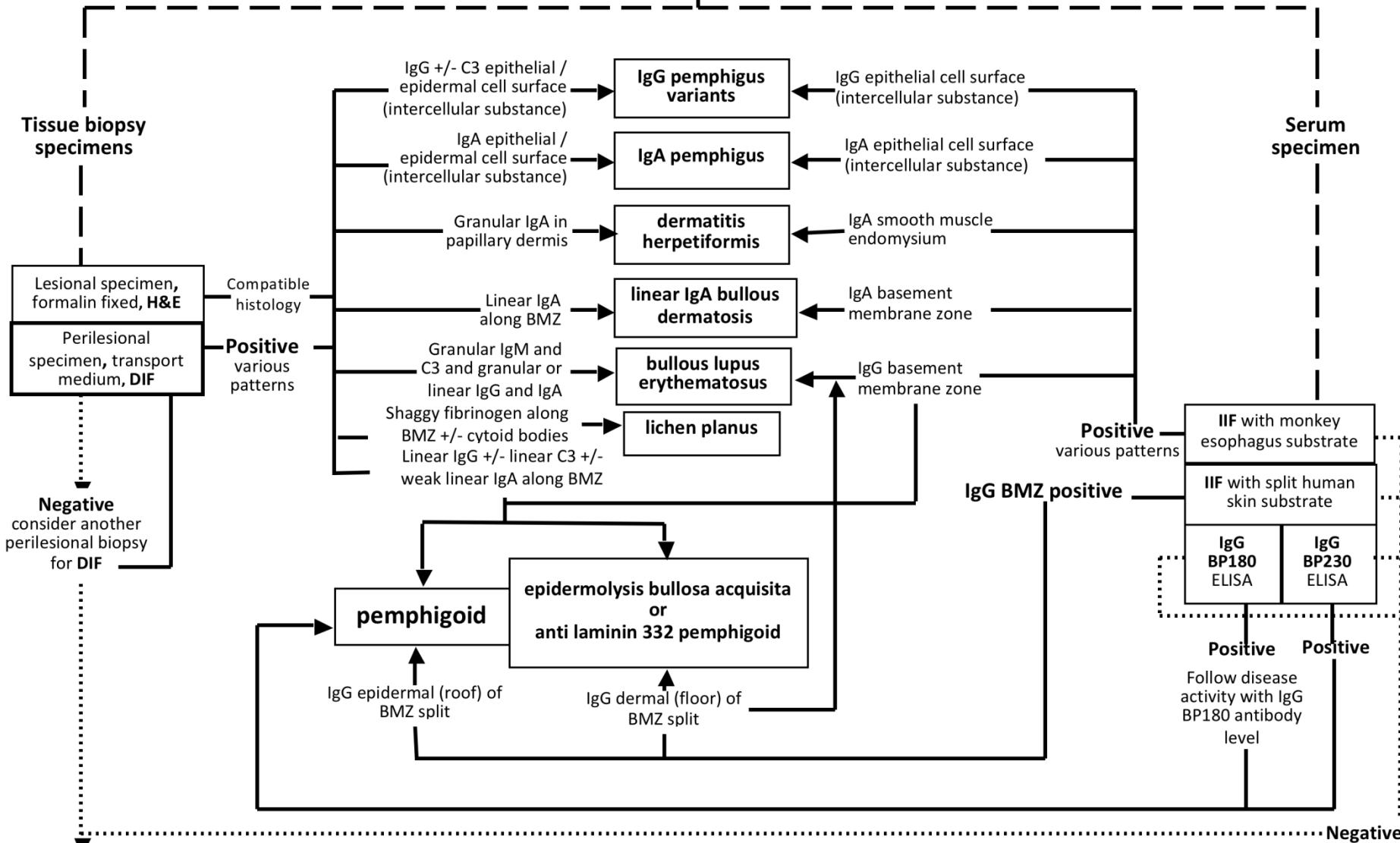
**ADVANCED SEARCH**  
all the words

**exact phrase**

**at least one of the words**

**but does not contain**

# Clinical testing algorithm for possible bullous pemphigoid or mucous membrane pemphigoid



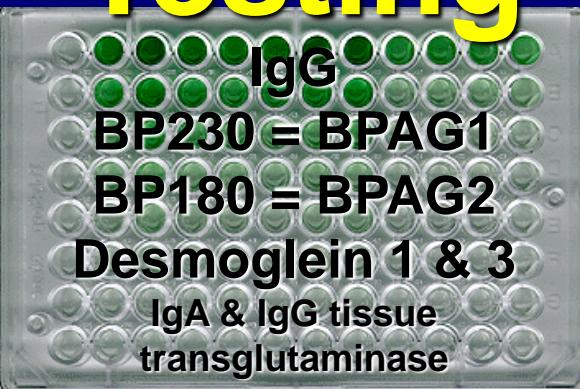
No immunobullous disease  
or  
undefined  
immunobullous disease

UpToDate®

Abbreviations:  
 BMZ basement membrane zone  
 DIF direct immunofluorescence  
 ELISA enzyme linked immunosorbent assay  
 H&E hematoxylin and eosin histology stain  
 IIF indirect immunofluorescence

— Specimen tests  
 — Positive  
 .... Negative

# The End of Immunodermatology Testing



ELISA

